## USER GUIDE TOE ROCK BOLT SUPPORT WITH ARM



TOE Fixings

## **INTENDED USE**

Bracket for support from rock bolts  $\emptyset$  20 - 25 mm. Can be used for hoizontal or vertical support.

Support arms are available to suit LOE/TOE cable ladders in widths 200 mm - 600 mm. Can also be used for pipe support.

## INSTRUCTION FOR USE

Attach the bracket to the rock bolt using U bolts supplied and tighten securely.

Fix the lower support arm to the rock bolt bracket as shown and tighten securely.

The ladder can then be lifted so the bracket passes between two rungs on the ladder, and laid onto the support.

Fix the ladder to the support bracket using either M6 or M10 bolts (one bolt each side) depending on the ladder type (bolts not supplied).

## **RECOMMENDED TORQUE**

Size	HDG Nm	SS Nm
M6	Use SS	8-10
M8	15-17	20-23
M10	30-33	40-45
M8 U-Bolt	n/a	20-23
M10 U-Bolt	30-33	n/a



